

## **Emergency Kit Tips**

### **Food**

One gallon of water per day for each person for drinking and food preparation, stored in plastic containers. Plan for three to seven days.

A three- to seven-day supply of canned or nonperishable food that requires little or no preparation or heating.

Food and water for pets for three to seven days

A manual can opener

Paper plates, plastic utensils, plastic bags, plastic garbage bags, waterproof containers and foil

Two coolers - one for food, one for ice

Fuel for any nonelectric cooking source, such as charcoal or propane gas, and matches

### **Hygiene**

Personal toiletries

Antiseptic hand cleanser for each family member

Chlorine bleach

Detergent and cleaners

Toilet paper

### **Electronics**

A flashlight and spare batteries for each person

A battery-powered radio and spare batteries

A telephone that plugs directly into a wall jack. Cellular service could be disrupted.

### **Health**

A first-aid kit with bandages, gauze pads, tape, antibacterial ointment, antidiarrhea medication, pain medication, antacids, tweezers, scissors, soap and alcohol

Mosquito repellent and sunscreen for each family member

Prescription medication for two weeks

**Home**

Plastic tarp

Tool kit

Camera and film

Masking tape

Extra gas for generator

Zip-top plastic bags for storing supplies

Heavy-duty garbage bags

Source: Media General News Service