

Over 10,000
locations worldwide.

703-497-4244

2221 Old Bridge Rd.
Lake Ridge, VA 22192

703-257-7400

12845 Braemar Village Plaza
Bristow, VA 20136

703-530-7676

8647 Sudley Rd.
Manassas, VA 20110

703-580-5880

5501 Mapledale Plaza
Dale City, VA 22193

curves.com

CALLING ALL WOMEN!

PARTICIPANTS NEEDED

Be part of the Curves / Avon Fitness Study:
THE LARGEST FITNESS STUDY FOR WOMEN EVER!

YOU WILL RECEIVE:

- a Start and Finish Fitness Evaluation
- 30 Days Free on CurvesComplete.com –
the Complete Solution to Managing Your Weight
- Supervised Training from a Curves Trainer

30 Days for \$30*

Work Out 3 Times a Week for 4 Weeks

Curves | A V O N

→ CALL YOUR LOCAL CURVES CLUB TO PARTICIPATE BY JUNE 20, 2008. ←

*Participants will have full membership privileges during the study. Available only at participating locations. Participants will be asked to complete 12 workouts over a 30-day period with no fewer than 3 workouts per week. Registration required for 30-day free Curves Complete access. For full details go to www.curvescomplete.com including voucher usage restrictions. Offer valid for U.S. and Canadian residents only. Not valid in Quebec. Offer available for new Curves Complete members only. The diet and fitness information on Curves Complete is designed for use by women. Offer valid through June 20, 2008.

©2008 Curves International, Inc.